

Piece of Pie

PURPOSE

To see the difference in time allocation for job responsibilities as they are and as participants would like them to be.

DESCRIPTION

Participants make pie charts that illustrate how they use their time and how they would like to use their time.

PARTICIPANTS

any number

TIME

15 minutes

SUPPLIES

pens and paper



Steps:

- Read or paraphrase the following: In a traditional or institutional nursing home setting, we often find ourselves spending our time in ways that do not reflect culture change values, or even our own values. Tasks trump relationships and we can find ourselves honoring an institutionalized routine, often at the expense of focusing on the elders and their desires.
- Ask participants to make a list of things on which they spend their time at work in a week. Then ask them to draw a pie chart and assign each task the percentage of time in a week that is given to it.
- Next, ask them to draw another pie chart reallocating time to these tasks as they would like or in a way that is more culture change and elder focused.
- Lead a discussion with the following questions: Which item showed the biggest difference between how things are and how you'd like them to be? Is it a similar item for all or many people in the group? Why is there a difference in the charts? How might changes in the organization affect the charts?

Reallocating
time for
tasks